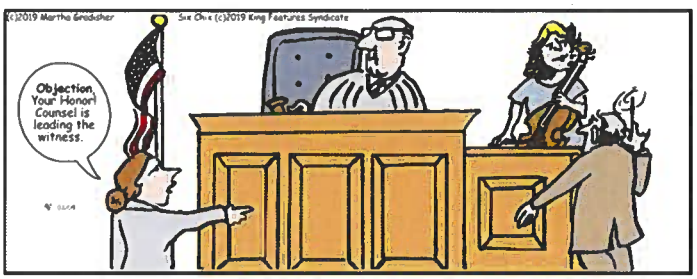
October 28, 2026





Review Proverbs 18

"An unfriendly man pursues selfishness and defies all sound judgment." (Proverbs 18:1 WEB)

Scripture: James 1:1-12

Prayer:

Sound Judgment is the ability to objectively **evaluate situations**, **discern relevant information**, and **make logical, well-reasoned decisions**. It bridges **intuition and intellect**, relying on **past experiences and facts** rather than impulse or unchecked biases.

Core Principles:

- **Emotional Regulation**: Stepping back from reactions to ensure decisions are based on logic rather than "hot" thinking.
- **Identifying blind spots**: Actively recognizing and seeking diverse perspectives: Considering the impact of a choice on all stakeholders before reaching conclusions.
- **Judgment is a learnable skill**. By consciously pausing to analyze information rather than jumping to snap conclusions, anyone can significantly improve their decision-making.

- **Evaluating situations** through the lens of God's **revealed truth** rather than human emotion or outward appearances.

Key Biblical Principles Regarding Sound Judgment Includes:

1. **Wisdom from Above**
    - **Proverbs 3:21-22**: Advises, "My son, do not lose sight of these-keep sound wisdom and discretion, and they will be life for your soul."
    - **Proverbs 8:14**: Describes wisdom as possessing counsel, insight, and sound judgment. True wisdom is a gift from God, granted to those who seek it (James 1:5).
2. **A Calm, Clear Mind**
    - **2 Timothy 1:7:** States that God gave believers a spirit not of fear, but of "power, love, and self-control" (or "sound mind" in some translations, such as the ESV).
    - **Romans 12:3:** Warns individuals to avoid thinking too highly of themselves, but rather to think with "sound judgment" according to the faith God has provided.
3. **Righteous Decisions**
    - **John 7:24:** Jesus commands, "do not judge by appearances, but judge with right judgment. "This highlights the need for objective assessment over surface-level impressions.
    - **Zechariah 8:16:** Calls for speaking the truth and rendering "true and sound judgment" in interpersonal relationships and society.

Cultivating Sound Judgment

The Bible outlines several actionable ways to develop sound judgment in your daily life:

- **Seeking God's Direction**: **Proverbs 3:5-6** encourages trusting in the Lord with all your heart rather than leaning on your own understanding.
- **Getting Counsel**: **Proverbs 11:14** emphasizes that there is safety in an abundance of wise advisors.